

## **Sunday Readings Reflections**

**8/19/2018**

**First Reading** — Wisdom has built her house; she has dressed her meat, mixed her wine, yes, she has spread her table (Proverbs 9:1-6).

**Psalm** — Taste and see the goodness of the Lord  
(Psalm 34).

**Second Reading** — Be filled with the Spirit, giving thanks always and for everything  
(Ephesians 5:15-20).

**Gospel** — I am the living bread that came down from heaven (John 6:51-58).

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