

PASTOR'S COLUMN—SEPTEMBER 30, 2013

Dear Parishioners:

Many people have a scale to weigh themselves but don't like to stand on the scale because they are afraid that they may have put on a few pounds. People are hesitant about facing the truth about their weight. The "lb." scale may be an indicator of how we approach daily life.

Perhaps we find it difficult to "weigh-in" on the poundage of lack of trust we carry around on our person. To be "overweight" with a lack of trust in Jesus can slow us down with fear and worry. Prayerful Solitude is an important "scale" for us to frequently stand on to determine how much fear and worry "poundage" we carry on our person. The Holy Spirit within us encourages us to "lighten up" about life's self-imposed extra heaviness.

In living the freedom of being God's children we are encouraged by our faith in Jesus, to trust him to the depth of entrusting our fears and worries to Jesus. These life's "poundages" will decrease and we will live more peaceably thanks to prayer solitude in Christ.

Loving you in Christ,

Fr. Terry