

PASTOR'S COLUMN—JULY 15, 2013

Dear Parishioners:

How many hours a day do we spend distracting ourselves? Some of the usual culprits include the various screens in our lives: TV's, computers, tablets, and smartphones. Is it not amazing how much time we can log with our various screens? And let's be honest that much of our screen time is distraction time, where we escape from the present moment. We have the tendency to think that distraction is more important than present reality. And yet our experience of Jesus in Holy Communion is to help us be more centered in present reality with less need to escape. Jesus wants our full attention at all times for that is what it means to keep vigil for the Lord.

Escapism is a symptom of not trusting Jesus' realness in our every moment. A lack of trust in Jesus' realness leads us to erroneously believe that reality is a "drag" and screen distraction is exciting. As we deepen in our Holy Communion with Jesus at weekly Eucharist, the hope is that we will more consistently savor reality in Christ and discover that screen escapists are not as necessary.

Loving you in Christ,

Fr. Terry