

PASTOR'S COLUMN—JUNE 6, 2016

Dear Parishioners:

On our cell phone bills, we are able to check the call log we accumulate in a month's time. We are able to pin-point the day and the time we made or received calls. It is a journal of our cell phone life each month, a record of the many communications we have via our wireless devices.

Sometimes keeping a "call log" with God is helpful; it is called a Spiritual Journal. This means that we make a hard copy in a note book by writing with a pen our reflections on how God is faithful to us in our daily lives. At first we might say: "What? How do we do this?" Let's not panic here. All that is needed is a willingness to listen within our hearts/minds on a vigilant basis. Yes, the key here is to listen within our selves. Here is where incorporating some time away from our cell phones each day/night is essential to hearing God's call in our depths.

As to why this God-log journal? Because we humans are deeper than digital devices. Yes, the mystery of God in our depths is worth paying attention to every day/night since "balance of life" flows from God's faithful calls within us. God guides us to keep a balanced approach to our digital devices. Sure they are convenient, especially with cell phones, but the monthly "call log" for our cell phones can indicate we are out of balance with the extreme amount of time we spend on our phones. Our Spiritual Journals can set us free in God's-log for God calls us to balance in our lives such that we remain faithful to God and not make "digital" our false god.

In God's Faithfulness,

Fr. Terry