

PASTOR'S COLUMN—APRIL 28, 2014

Dear Parishioners:

Some people pride themselves on being able to multi-task. They proclaim that they can give their full attention to two tasks at the same time. Although cognitive studies state that it is not possible to give our full attention to two tasks simultaneously, there are those who vehemently defend: “Yes they can!”

We get some further clarification from Jesus when he reminds us to be single-hearted when it comes to our commitment to God. Multi-tasking contradicts the Psalm’s reminder to let the “Lord build the house”, to free us up from vain energy expenditure. When trying to take on multi-tasks we end up using a lot of vain energy suggesting the illusion that we can rise above our human limitations given to us by God. “Let the Lord build our house” suggests trusting that God provides for us moment by moment. The frenzy of “multi-tasking” is replaced with inner peace and God-centeredness.

It is a blessed relief to face and accept our limitations in Christ and, thus, be more peace-filled about letting go of the illusionary multi-tasking approach to life. Giving our full attention to Jesus (Holy Communion) reminds us to be single-hearted in the Lord. And we will notice early on that the task of being whole-heartedly faithful to God will produce abundant fruit for us.

In Christ’s Oneness of Love,

Fr. Terry