

PASTOR'S COLUMN—FEBRUARY 4, 2013

Dear Parishioners:

Listening on the outside begins by listening on the inside. Deep inside us is a profound silence that we need to listen to every day. The gift of our inner silence is the mystery of God within us. To listen to the inner silence helps the whole of our lives to flow with more goodness. As to how this happens, we are not to try to figure it out; it simply happens. Let's call it faith in God.

Staying aware of the inner silence is the life-blood of faith in Christ. As we become more alert to the inner silence, we will change for the better. Our decision-making process will improve as well. We will have more restful sleep and less anxiety and worry during our waking hours.

Something so low key as listening to inner silence can change our lives including how we listen on the outside.

Loving you in Christ,

Fr. Terry