

PASTOR'S COLUMN—JANUARY 18, 2016

Dear Parishioners:

Endurance is a state of physical conditioning that develops through regular exercise. With a New Year, some of us may have gotten lazy in recent weeks, sitting around too much. Now is the time to get moving again so that our laziness is transformed into endurance. However, we need to make a commitment to daily exercise, to daily get-moving-time so that our muscles get stronger with the resulting endurance that comes with it.

Silence is the ultimate endurance that resides within us through the gift of faith. To exercise Silence requires us to make a daily commitment to Silence. It seems so obvious but Silence is a mind/heart-set that frees us from being wagged around by life's experiences. We join Jesus in the back of the boat during the storm and "sleep" in Silence. Nothing in life disturbs us because we have the endurance through the faith muscle of Silence.

The great paradox of Silence is we don't have to do anything but simply be in the Silence. Physical Endurance requires movement, but Silence Endurance requires being Silent no matter how busy or noisy life may be. This is faith at its' deepest because we are manifesting trust that all is well in God's constant faithfulness. We may end up being very active in word and deed in the Silence, but what a difference we will experience because the Wisdom of good judgment surfaces out of the Silence.

Loving you in the Silence,

Fr. Terry